

# Learning Style Survey 1

Respond to each statement as honestly as you can. Then wait for further instructions.

	Often (5 points)	Sometimes (3 points)	Seldom (1 point)
I can remember best about a subject by listening to a lecture that includes information, explanations and discussions.			
I prefer to see information written on the board and supplemented by visual aids and assigned readings.			
I like to write things down or take notes for visual review.			
I prefer to use posters, models, or actual practice and other activities in class.			
I require explanations of diagrams, graphs, or visual directions.			
I enjoy working with my hands or making things.			
I am skillful with and enjoy developing and making graphs and charts.			
I can tell if sounds match when presented with pairs of sounds.			
I can remember best by writing things down.			
I can easily understand and follow directions on a map.			
I do best in academic subjects by listening to lectures and recordings.			
I play with coins or keys in my pocket.			
I learn to spell better by repeating words out loud than by writing the words on paper.			
I can understand a news article better by reading about it than by listening to a report about it.			
I chew gum or snack while studying.			

I think the best way to remember something is to picture it in your head.			
I learn the spelling of words by “finger spelling” them.			
I would rather listen to a good lecture or speech than read about the same material in a textbook.			
I am good at working and solving jigsaw puzzles and mazes.			
I grip objects in my hands during learning periods.			
I prefer listening to the news rather than reading it.			
I prefer obtaining information about an interesting subject by reading about it.			
I feel very comfortable touching others, hugging, handshaking, etc.			
I follow oral directions better than written ones.			

**Scoring:** Add up the total number of points for each question color. A score of 21 or more indicates a strength in that area. The highest of the three scores indicates the most efficient method for you to intake information. The second highest score indicates the modality which boosts your primary strength.

Visual	Yellow	
Auditory	Green	
Kinesthetic	Purple	